

BOXING

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MUST / can

- You must fight with punches and kicking .
- All fighters must wear a mouth guard .
- If a boxer falls to the ground ,the referee must wait 10 seconds before ringing the bell to end the boxing match .
- Fighters must wear padded gloves .
- Players must bow to each other before the round .
- Punches can used to destabilise the opponent .
- The referee can touch the boxers with his hands to stop the fight.
- Women can wear a short skirt instead of shorts .

Mustn't / Can't

- Fighters mustn't use kness and elbow.
- Fighters mustn't give blows behind the head and the bake.
- You can't hit in the neck and under the belt.
- Players mustn't hold, push, fight or turn away from their opponents.
- Fighters can't wear beards.
- You can't be rude to opponets or coaches.

